

SUMMER 2023

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# ANIMAL FRIENDS



## PRESIDENT'S MESSAGE

### SUMMER 2023

We are grateful to all of you who continue to provide support for our life-saving programs and mission.

Our 2023 Growl, Meow and Wine event on May 7 was a huge success thanks to our sponsors and generous donors. We raised approximately \$400,000! We are so thankful for everyone who made this possible.

This year is proving to be a very busy one – cats and dogs are flooding shelters, exceeding pre-pandemic numbers. In stark contrast to the pet shortage during COVID, we and our partner shelters are full of pets looking for homes. Because we have a full shelter, our Behavior and Training specialists are working tirelessly to get these deserving pets ready for homes, while also offering classes and guidance to pet owners locally and afar. We are encouraged that people are reaching out for support to ensure their homes feel harmonious with their beloved dog and cat. We want to keep people and their pets together!

We expect the need for our various programs to continue to grow, and we are very grateful that the generous support of our donors allows us to provide myriad invaluable services.

Wishing you all a very happy and healthy summer. Thank you for helping us continue to serve the animals and people of our communities.

With appreciation,



**ALLISON C. LINDQUIST**  
President and CEO



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### On the Cover

Red – adopted May 2023

# SUMMER FUN: HOT WEATHER ENRICHMENT

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Just like humans, animals can expend their energy by using their body and their mind. That is where the term “enrichment” comes from – an activity that stimulates our pet’s mind, provides exercise, or, in other words, is lots of fun! Check out these DIY hot weather activities that will help you and your pet enjoy the summer.



## For your dog

- Make homemade “pupsicles” by placing wet food and water in an empty yogurt container and placing it in the freezer. Once frozen, remove the food from the plastic container and give it to your dog. You can also soak a carrot in chicken broth and freeze it.
- Fill up a bathtub or inflatable pool with water or ice and allow your dog to bob for toys.



## For your cat

- While most cats don’t enjoy being wet, many cats enjoy playing with water toys. Fill a container with water in the bathtub and place floating items (like ping pong balls or ice) in the container for cats to catch.
- Attach *long* ribbons to your fan (so cats don’t get too close) and watch them go wild trying to catch the moving ribbons!

# HAPPY TAILS

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**Julius,**  
adopted March, 2023

I "interviewed" all of the cats that were available when I visited East Bay SPCA. Julius, previously known as Drax, stood out to me. He was friendly, affectionate, and beautiful! I have a

cat and a dog at home, so Julius had "big shoes" to fill. He gets along well with both of my four-legged babies. He is confident, personable, and very loving. I'm very lucky!



**Buddy,**  
adopted May 2023

Buddy is my first dog. I always wanted one and now that I'm on my own, I wanted to show this guy a good time. He is adjusting to life outside of the shelter. He is a quick learner and

is becoming more comfortable with new things. We're working on supporting him through his anxiety. He loves meeting new dogs and gets sad when we can't say hello to every dog we pass.

# HOW DO I KNOW WHAT MY PET IS REALLY FEELING?

We all value the bond we have with our companion animals and want to make sure they are happy and content, but how can we tell? Since we can't talk to our pets (as much as we may want to), we can use their body language to let us in on their state of mind. There are many subtle signals that even seasoned guardians might miss. By considering both their environment and body language, we can piece together a better picture of how a pet is feeling and why.

Check out our recorded webinars at the QR code below to take a deep dive into pet body language. Courses are \$35 each, and all fees support East Bay SPCA programs and services.

## CATS:

A cat who is feeling social and confident may show upright ears, an upright tail, relaxed eyes, and eye blinks. Cat pupils respond to light, but they also communicate emotion! Pupils that are small in bright light and big in dark light can signify relaxation and contentment. They may also show a neutral body position, and loose body posture.

Learn more about cat body language at the QR code below: "Feline Foundations: Cat Communication 101."



[eastbayspca.org/  
what-we-do/  
behavior-and-  
training/on-demand-  
classes/](https://eastbayspca.org/what-we-do/behavior-and-training/on-demand-classes/)



## DOGS:

A dog who is feeling social and confident may show relaxed ears, a helicopter wagging tail, soft eye contact, and a relaxed open mouth. Body posture will be relaxed rather than tense or cowering. A content dog may show a body position that is neutral rather than leaning forward or back.

Learn more about dog body language at the QR code above: "Decoding Doggie Dialogues: Canine Communication 101."



# 5 TIPS FOR SAFELY ENJOYING THE SUMMER SUN WITH YOUR PET

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## 1. Foxtails

Foxtails are a type of grass with seed-like structures at the top of the plant. Foxtails can burrow into your dog's skin, paws, nose, ears, eyes, and mouth and cause infection. Anytime your dog is excessively sneezing, squinting, limping, or has a wound that won't heal, seek veterinary care as soon as possible. To prevent contact with foxtails, keep your dog on a leash and avoid areas where they grow. A foxtail hood and booties for your dog can help as well.



## 2. Tick Prevention

If you have a yard, keep tall grasses and weeds trimmed. After outdoor adventures, inspect your pet's ears, eyes, toes, collar/harness area, armpits, and under the tail. Talk to your veterinarian about tick preventative medication for your pet.

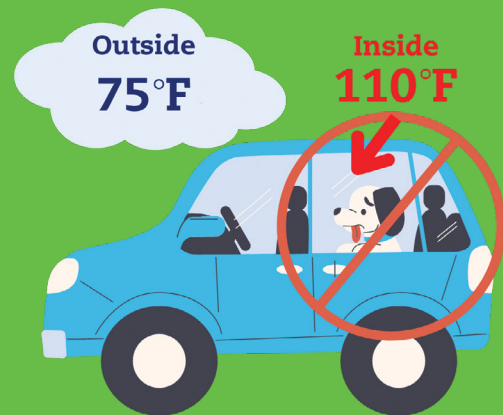


## 3. Paw Protection

When temperatures soar above 85 degrees, the hot pavement can injure your pet's paws. Walk your dog in the morning or late evening when the pavement is cool. During the day, walk on grassy areas in the shade. Paw wax can help protect paws in the sun, as can booties. If you notice a problem on your pet's paws, or if they are licking their paws excessively, bring them to the vet.

## 4. Car Safety

It only takes a few minutes for a pet to develop heat stroke and suffocate in a car on a hot day. On a 75-degree day, the inside of a parked car can climb to 110 degrees in minutes, regardless of whether a window is open or not. Rather than leaving your pet in your car, take them with you.



## 5. Window Safety

When opening up windows to let in a cool summer breeze, ensure that screens are fastened tightly. This way, your cat who likes to perch on windowsills won't fall out of the window accidentally.

# HOW I BECAME A SUMMER VOLUNTEER

**With Sharon Correia**



Sharon works as a full-time history teacher at Bishop O’Dowd High School in Oakland and has been volunteering with East Bay SPCA since 2016. She volunteers extensively in the summer when she is not teaching.

about adopting all of them. So East Bay SPCA has been a part of my life since childhood and is a happy memory of my father who is now gone and that’s something we always bonded over.”

## **What are the benefits of volunteering?**

“It’s the best therapy in the world... I tell my students, especially if they feel stressed, ‘You need to go volunteer at an animal shelter. There’s nothing like going and helping an animal that will give you unconditional love.’ I’ve actually had some students take me up on it. Some of them have anxiety and have said, ‘This is better than going to my therapist.’”

## **What inspired your love for animals?**

“I’ve always loved animals. When I’m walking, I don’t see the person. I see the dog. I’ve run into so many friends who have walked their dogs and I say, ‘Oh, Hi! How are you?’ to the dog, and they’re like, ‘Hello Sharon.’”

## **Why did you choose to volunteer at East Bay SPCA?**

“When I was little, my dad (I guess I take after him) would say as a special treat, ‘Do you want to go to the SPCA?’ And we would go and pet all the dogs and talk

## **Is there a particular volunteer role you enjoy?**

“I didn’t have any preferences, just whatever they wanted me to do, because I am as happy washing dishes as I am picking up poop and doing housekeeping for the dogs. I have no problem doing any of that stuff because I feel like if I can free up someone else’s time to do behavioral training or something that will make the dog more adoptable, I’ll do it.”



## **Volunteer Opportunities**

**Animal care**

**Animal transport**

**Medical assistant**

**Customer care**

**Events**

**Behavior and training**

**Pet Food Pantry**

**Foster**

**Shelter care**



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[eastbayspca.org/volunteer](http://eastbayspca.org/volunteer)



# HUMANE ADVOCACY TO THE RESCUE



Last year, Alma, a Bay Area resident and mom of a son and a dog, was greeted with a surprise at her door when a cat showed up with a broken leg. She took him to the vet where she learned he had additional medical issues, including inflammation and pain in his mouth, and an infection in his nose and throat. Although she knew his medical bills would be a challenge, she chose to take him in and named him Emperor Mao.

Thankfully, Alma heard about East Bay SPCA's Humane Advocacy program, which provides financial assistance to pet owners who struggle to afford necessities like food or veterinary care. She discovered she was eligible for a \$500 grant for medical care and multiple discounted procedures. In Alma's words, "They didn't cut any corners. They gave me a timely appointment; I didn't have to wait or feel like I was second class. Mao was treated so well." Mao had several teeth removed and his jaw tissue reconstructed. He is now doing great, and Alma described him as "super sweet, funky, and extremely loving and social to everyone he meets."

## In 2022

**336**

pets received  
discounted  
veterinary services

**207**

cats & dogs spayed/  
neutered for free or  
minimal cost

**29**

pets placed in our  
care while owners  
experienced a  
personal crisis

**39,406**

pounds of pet food  
distributed to 696  
households

## SPONSORS

### Thank you to our 2023 Best In Show Sponsors

Zach Zachowski and  
Barbara Gabel



Bob Connor and  
Thyda Yim

**Thank you for making Growl, Meow & Wine 2023 an incredible success!**

Thanks to the contributions from supporters like you, cats and dogs in need of a second chance will receive the care they need to find a loving home.



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Saving Lives Since 1874

**EAST BAY SPCA** is committed to the welfare of cats and dogs in the communities we serve. We strive to eliminate animal cruelty, neglect and overpopulation by providing programs and education that support people and companion animals.

**[eastbayspca.org](http://eastbayspca.org)**

East Bay SPCA is a 501(c)(3) nonprofit organization.  
Federal Tax ID # 94-1322202.

**Get Social With Us**



@eastbayspca

## LOCATIONS

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### Oakland Campus

**Oakland Adoption Center**  
8323 Baldwin Street  
Oakland, CA 94621

**Theodore B. Travers  
Family Veterinary Clinic**  
8323 Baldwin Street  
Oakland, CA 94621

**Oakland Spay/Neuter  
Surgery Center**  
410 Hegenberger Road  
Oakland, CA 94621

### Dublin Campus

**Dublin Adoption Center**  
4651 Gleason Drive  
Dublin, CA 94568

**Dublin Spay/Neuter  
Surgery Center**  
4651 Gleason Drive  
Dublin, CA 94568